







SPORTS CAMP

Monday 8 April	Tuesday 9 April	Wednesday 10 April	Thursday 11 April
<p>Skateboarding Workshop (6+yrs) 9.00-12.00pm by www.abcskateboarding.co.uk Learn how to do basic skills and tricks</p> <ul style="list-style-type: none"> • Use ramps • Fun Challenges <p>(All equipment provided)</p> <p>OR</p> <p>Circus skills Workshop 9.00-12.00pm www.chrisalisc clowning.co.uk Learn some new skills—including:</p> <ul style="list-style-type: none"> • Juggling • Spinning plates • Diabolo <p>(All equipment provided)</p>	<p>Gymnastics Workshop 9.00-12.00pm Practice and perform routines in a fun and safe environment using gym equipment :</p> <ul style="list-style-type: none"> • Floor work • Apparatus work • Ribbons 	<p>Summer Sports 9.00-12.00pm</p> <ul style="list-style-type: none"> • Tennis • Athletics • Rounders • Cricket <p>OR</p> <p>Football Workshop by Norwich Football Foundation 9.00-12.00pm</p> <ul style="list-style-type: none"> • Skills-passing, dribbling, shooting • Fun Games • Mini matches 	<p>Multi-Sports festival and Challenges 9.00-12.00pm A range of different Fun Games such as tag games, races.</p> <p>Team games such as Handball, Basketball, Hockey</p> 
<p>Martial Arts Workshop 12.30-3.30pm (6+yrs) by kickstart martial arts. Learn a range of basic martial arts skills and techniques in fun and safe environment:</p> <ul style="list-style-type: none"> • Boxing • Kickboxing • Self defence • Fitness 	<p>Dance Workshop 12.30-3.30pm</p> <ul style="list-style-type: none"> • Movies-Greatest show-man • Pop routines– little mix • Hip- hop/Street dance <p>Or</p> <p>Parkour Workshop Learn how to do different types of vaults, jumps, rolls and climbs in a fun and safe environment using gym apparatus/</p> 	<p>Target Games Workshop 12.30-3.30pm Have a go at :</p> <ul style="list-style-type: none"> • Archery • Dodgeball • Kurling • Tchoukball • Tri golf 	<p>Cycling Workshop (7+) 12.30-3.30pm</p> <ul style="list-style-type: none"> • Fun games • Races • Ramps <p>(All equipment provided)</p> 

All sessions are run by trained and qualified staff.

8-11 April 2019

£10 per Workshop

AGES: 5 – 12

Venue: Beyton, Thurston Sixth (IP30 9AA)

Contact: 07734495860 / will.hopkinjones@thurstoncollege.suffolk.sch.uk/
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www.gvtssp.org





Thurston Sixth, Beyton Campus, Drinkstone road, beyton, Suffolk IP30 9AA
Tel: 07734495860 Email: will.hopkinjones@thurstoncollege.suffolk.sch.uk

Sports Camp

8-11 April 2019

TIME: Am Workshop:9.00-12.00pm / Pm Workshop 12.30-3.30pm (Day 9.00-3.30pm)
AGES: 5 – 12 **Venue:** Beyton Campus -Thurston Sixth, (IP30 9AA)

COST: £10 per workshop
(If booked for all day please bring own lunch)

Please write below which day/s and times you wish to attend

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Name(s): **D.O.B**

..... **D.O.B**

Address:.....

.....**Postcode:**.....

Tel No:.....**Mobile No:**.....

Emergency Name & No:.....

Email:.....

School

Medical Conditions.....

Parent/Guardians Signature:.....

Please note:

- **Please send applications by 5 April**
- Lunch is **not** provided
- It is the parents responsibility to ensure appropriate clothing is worn/and or available for the child for the activity provided and weather conditions.
- In the event that we have to cancel a club for any reason, a full refund will be issued to the person who booked.

Please tick the box if you do not wish your child to be included in group photographs

Please contact me by phone, email or by sending your completed form to make booking and arrange payment.

Mr W Hopkin-Jones
Thurston Sixth, Beyton campus
Drinkstone road
Beyton
IP30 9AA

