

SPORTS CAMP

Tuesday 2 April	Wednesday 3 April	Thursday 4 April	Friday 5 April
<p>Skateboarding 9.00-12.00pm Learn how to do basic Skills and Tricks, Fun Challenges and use Ramps. All equipment provided</p>  <p>OR</p> <p>Target Games 9.00-12.00pm Activities to include Archery, Dodgeball and Kurling.</p> 	<p>Gymnastics Workshop 9.00-12.00pm Practice and perform gym Routines using gym equipment in a fun and safe environment.</p>  <p>OR</p> <p>Ipswich Town Football -Skills Workshop 9.00-12.00pm Ipswich town coaches will help develop your football Skills such as passing, dribbling and shooting</p> 	<p>Nerf and Laser Tag Workshop 9.00-12.00pm Use laser and Nerf guns in a fun and safe environment. Build you own bases and test you accuracy at the shooting range</p> <p>All equipment provided</p> 	<p>Inflatables Workshop 9.00-12.00pm Participants will experience fun games and awesome inflatables</p> 
<p>BMX & Skateboarding Workshop 12.30-3.30pm Activities include games, Skills Challenges, Races and Ramps. All equipment provided</p>  <p>OR</p> <p>Karate 12.30-3.30pm Learn a range of basic Karate skills and techniques in fun and safe environment. Karate gives your body physical strength, power and flexibility. It also helps with self-confidence, concentration and control.</p>	<p>Ipswich Town Football- Challenges and Games 12.30-3.30pm Test your skills in challenges, fun games and small sided matches</p> <p>OR</p> <p>Dance Workshop 12.30-3.30pm Practice and perform different dance styles and routines . Try Street/Hip Hop, Tik tok dances</p> <p>OR</p> <p>Parkour Workshop 12.30-3.30pm Learn how to do different types of vaults, jumps, rolls and climbs in a safe environment using gym mats and equipment.</p>	<p>Nerf and Laser Tag Workshop 12.30-3.30pm Games from: Target shooting and capture the flag under the guidance of the coaches from Prestige</p> 	<p>Inflatables Workshop 12.30-3.30pm Activities from: Inflatable obstacle course Inflatable dartboard target Bouncy goal Inflatable slide /climbing wall</p> 

All sessions are run by trained and qualified staff.

AGES: 5 – 13 Venue: Beyton Campus (IP30 9AA)

2-5 April 2024 £12 per workshop

Thurston Sixth, Beyton Campus, Church Road, Beyton, Suffolk IP30 9AA
Tel: 07734495860
Email: whopkinjones@thurstoncollege.org or willhopkinjones@hotmail.com

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Thurston Sixth, Beyton Campus, Church Road, Beyton, Suffolk IP30 9AA
Tel: 07734495860 Email: whopkinjones@thurstoncollege.org

Sports Camp

2-5 April 2024

TIME: Am Workshop:9.00-12.00pm / Pm Workshop 12.30-3.30pm (Day 9.00-3.30pm)
AGES: 5 – 13 Venue: Beyton Campus -Thurston Sixth, (IP30 9AA)

COST: £12 per workshop
(If booked for all day please bring own lunch)

Please write below which day/s and times you wish to attend

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Name(s): **D.O.B**

..... **D.O.B**

Address:.....

..... **Postcode:**.....

Tel No:.....**Mobile No:**.....

Emergency Name & No:.....

Email:.....

School

Medical Conditions.....

Parent/Guardians Signature:.....

Please note:

- **Please send applications as soon as possible as places are limited**
- **Lunch is not provided-Please bring packed lunch**
- **It is the parents responsibility to ensure appropriate clothing is worn/and or available for the child for the activity provided and weather conditions.**
- **In the event that we have to cancel a club for any reason, a full refund will be issued to the person who booked.**

Please tick the box if you do not wish your child to be included in group photographs

Please contact me by phone, email or by sending your completed form to make booking and arrange payment.

Mr W Hopkin-Jones
Thurston Sixth, Beyton campus
Drinkstone Road
Beyton
IP30 9AA

