

SPORTS CAMP

Tuesday 14 February	Wednesday 15 February	Thursday 16 February	Friday 17 February
<p>Ipswich Town Football -Skills Workshop 9.00-12.00pm Ipswich town coaches will help develop your football Skills such as passing, dribbling and shooting</p> <p>OR</p> <p>Gymnastics Workshop 9.00-12.00pm Practice and perform gym routines in a fun and safe environment using gym equipment :</p> <ul style="list-style-type: none"> • Floor work/ Partner work • Apparatus work • Vaults 	<p>Skateboarding 9.00-12.00pm Learn how to do basic Skills and Tricks, Fun Challenges and use Ramps</p> <p>All equipment provided</p> <p>OR</p> <p>Target Games 9.00-12.00pm Have a go at :</p> <ul style="list-style-type: none"> • Archery • Dodgeball • Kurling 	<p>Nerf and Laser Tag Workshop 9.00-12.00pm Use laser and Nerf guns in a fun and safe environment.</p> <p>All equipment provided</p> 	<p>Multi games and Inflatables Workshop 9.00-12.00pm Participants will experience fun games and awesome inflatables under the guidance of the coaches from Prestige. equipment provided</p> 
<p>Ipswich Town Football-Challenges and Games 12.30-3.30pm Test your skills in challenges, fun games and small sided matches</p>  <p>OR</p> <p>Dance Workshop 12.30-3.30pm Practice and perform different dance routines and styles: Hip hop, Street dance and Pop.</p> <p>OR</p> <p>Parkour Workshop 12.30-3.30pm Learn how to do different types of vaults, jumps, rolls and climbs in a safe environment using gym mats and equipment.</p>	<p>Skateboarding 12.30-3.30pm Learn how to do basic skills and tricks</p> <ul style="list-style-type: none"> • Use ramps • Fun Challenges <p>All equipment provided</p>  <p>OR</p> <p>Multi sports 12.30-3.30pm Have a go at :</p> <ul style="list-style-type: none"> • Parachute games • Tug of war • Tag games • Team games 	<p>Nerf and Laser Tag Workshop 12.30-3.30pm Games from: Target shooting and capture the flag under the guidance of the coaches from Prestige</p>  	<p>Multi games and Inflatables Workshop 12.30-3.30pm Activities from:</p> <ul style="list-style-type: none"> • Inflatible obstacle course • Inflatible dartboard target • Bouncy goal • Inflatible Soccer cage • Fun games 

All sessions are run by trained and qualified staff.

AGES: 5 – 12 Venue: Beyton Campus (IP30 9AA)

14-17 February 2023 £10 per workshop

Contact: 07734495860 / whopkinjones@thurstoncollege.org / willhopkinjones@hotmail.com

www.gvtssp.org



Thurston Sixth, Beyton Campus, Church Road, Beyton, Suffolk IP30 9AA
Tel: 07734495860 Email: whopkinjones@thurstoncollege.org

Sports Camp

14-17 February 2023

TIME: Am Workshop:9.00-12.00pm / Pm Workshop 12.30-3.30pm (Day 9.00-3.30pm)
AGES: 5 – 12 Venue: Beyton Campus -Thurston Sixth, (IP30 9AA)

COST: £10 per workshop
(If booked for all day please bring own lunch)

Please write below which day/s and times you wish to attend

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Name(s): **D.O.B**

..... **D.O.B**

Address:.....

..... **Postcode:**.....

Tel No:.....**Mobile No:**.....

Emergency Name & No:.....

Email:.....

School

Medical Conditions.....

Parent/Guardians Signature:.....

Please note:

- **Please send applications as soon as possible as places are limited**
- **Lunch is not provided-Please bring packed lunch**
- **It is the parents responsibility to ensure appropriate clothing is worn/and or available for the child for the activity provided and weather conditions.**
- **In the event that we have to cancel a club for any reason, a full refund will be issued to the person who booked.**

Please tick the box if you do not wish your child to be included in group photographs

Please contact me by phone, email or by sending your completed form to make booking and arrange payment.

Mr W Hopkin-Jones
Thurston Sixth, Beyton campus
Drinkstone Road
Beyton
IP30 9AA

