

# SPORTS CAMP

Tuesday 28 May	Wednesday 29 May	Thursday 30 May
<p><b>Gymnastics Workshop</b>  <b>9.00-12.00pm</b>            Practice and perform routines in a fun and safe environment using gym equipment :</p> <ul style="list-style-type: none"> <li>• Floor work/ Partner work</li> <li>• Apparatus work</li> <li>• Vaults</li> </ul> 	<p><b>Football Workshop</b>            by Norwich Football Foundation  <b>9.00-12.00pm</b></p> <ul style="list-style-type: none"> <li>• Skills-passing, dribbling, shooting</li> <li>• Fun Games</li> <li>• Mini matches</li> </ul>  <p>Regional Football Development Programme</p>	<p><b>Multi-Sports festival and Challenges</b>  <b>9.00-12.00pm</b>            A range of different Fun Games such as tag games, races.</p> <p>Team games such as Handball, Basketball, Hockey</p> 
<p><b>Dance Workshop 12.30-3.30pm</b></p> <ul style="list-style-type: none"> <li>• Movies-Greatest showman</li> <li>• Pop routines– little mix</li> <li>• Hip- hop/Street dance</li> </ul> 	<p><b>Target Games Workshop</b>  <b>12.30-3.30pm</b>            Have a go at :</p> <ul style="list-style-type: none"> <li>• Archery</li> <li>• Dodgeball</li> <li>• Kurling</li> <li>• Tchoukball</li> <li>• Tri golf</li> </ul> 	<p><b>Summer Sports Workshop</b>  <b>12.30-3.30pm</b>            Have a go at :</p> <ul style="list-style-type: none"> <li>• Tennis</li> <li>• Athletics</li> <li>• Rounders</li> <li>• Cricket</li> </ul> 

**All sessions are run by trained and qualified staff.**

**28-30 May 2019**

**£10 per Workshop**

**AGES: 5 – 12**

**Venue: Beyton, Thurston Sixth (IP30 9AA)**

**£10 per workshop**

Contact: 07734495860 / [will.hopkinjones@thurstoncollege.suffolk.sch.uk](mailto:will.hopkinjones@thurstoncollege.suffolk.sch.uk) / [willhopkinjones@hotmail.com](mailto:willhopkinjones@hotmail.com)

**[www.gvtssp.org](http://www.gvtssp.org)**





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### Sports Camp

28-30 May 2019

**TIME: Am Workshop:9.00-12.00pm / Pm Workshop 12.30-3.30pm (Day 9.00-3.30pm )**  
**AGES: 5 – 12    Venue: Beyton Campus -Thurston Sixth, (IP30 9AA)**

**COST: £10 per workshop**  
(If booked for all day please bring own lunch )

**Please write below which day/s and times you wish to attend**

.....

Name(s): ..... **D.O.B** .....

..... **D.O.B** .....

Address:.....

.....**Postcode:**.....

**Tel No:**.....**Mobile No:**.....

**Emergency Name & No:**.....

**Email:**.....

**School** .....

**Medical Conditions**.....

**Parent/Guardians Signature:**.....

**Please note:**

- **Please send applications by 24 May**
- Lunch is **not** provided
- It is the parents responsibility to ensure appropriate clothing is worn/and or available for the child for the activity provided and weather conditions.
- In the event that we have to cancel a club for any reason, a full refund will be issued to the person who booked.

Please tick the box if you do not wish your child to be included in group photographs

Please contact me by phone, email or by sending your completed form to make booking and arrange payment.

**Mr W Hopkin-Jones**  
**Thurston Sixth, Beyton campus**  
**Drinkstone road**  
**Beyton**  
**IP30 9AA**

