








# SPORTS CAMP

Monday 30 May	Tuesday 31 May	Wednesday 1 June
<p><b>Ipswich Town Football - Skills Workshop 9.00-12.00pm</b> Ipswich town coaches will help develop your football Skills such as passing, dribbling and shooting</p>  <p>OR</p> <p><b>Target Games 9.00-12.00pm</b> Have a go at :</p> <ul style="list-style-type: none"> <li>• Archery</li> <li>• Dodgeball</li> <li>• Kurling</li> </ul> 	<p><b>Gymnastics Workshop 9.00-12.00pm</b> Practice and perform gym routines in a fun and safe environment using gym equipment :</p> <ul style="list-style-type: none"> <li>• Floor work/ Partner work</li> <li>• Apparatus work</li> <li>• Vaults</li> </ul> 	<p><b>Nerf and Laser Tag Workshop 9.00-12.00pm</b> Use laser and Nerf guns in a fun and safe environment.</p> <p>All equipment provided</p>  <p>OR</p> <p><b>BMX Workshop 9.00-12.00pm</b></p> <ul style="list-style-type: none"> <li>• Fun games / Skills Challenges</li> <li>• Races</li> <li>• Ramps</li> </ul> <p>All equipment provided</p>
<p><b>Ipswich Town Football-Challenges and Games 12.30-3.30pm</b> Put your skills to test in fun games, challenges and small sided matches</p> <p>OR</p> <p><b>Summer Sports Workshop 12.30-3.30pm</b> Have a go at :</p> <ul style="list-style-type: none"> <li>• Tennis</li> <li>• Athletics</li> <li>• Rounders</li> </ul> <p>OR</p> <p><b>Parkour Workshop 12.30-3.30pm</b> Learn how to do different types of vaults, jumps, rolls and climbs in a safe environment using gym apparatus/ mats.</p> 	<p><b>Dance Workshop 12.30-3.30pm</b> Practice and perform different dance routines and styles: Hip hop, Street dance and Pop.</p> <p>OR</p> <p><b>Parkour Workshop 12.30-3.30pm</b> Learn how to do different types of vaults, jumps, rolls and climbs in a safe environment using gym apparatus/ mats.</p> 	<p><b>Nerf and Laser Tag Workshop 12.30-3.30pm</b> Games include: Target shooting and capture the flag under the guidance of the coaches from Prestige</p>  <p>OR</p> <p><b>BMX Workshop 12.30-3.30pm</b></p> <ul style="list-style-type: none"> <li>• Fun games / Skills Challenges</li> <li>• Races</li> <li>• Ramps</li> </ul> 

**All sessions are run by trained and qualified staff.**

**AGES: 5 – 12      Venue: Beyton Campus (IP30 9AA)**

**30, 31 May AND 1 June 2022      £10 per workshop**

Contact: 07734495860 / whopkinjones@thurstoncollege.org or willhopkinjones@hotmail.com

[www.gvtssp.org](http://www.gvtssp.org)



Thurston Sixth, Beyton Campus, Church Road, Beyton, Suffolk IP30 9AA  
Tel: 07734495860 Email: whopkinjones@thurstoncollege.org

## Sports Camp

**30,31 May and 1 June 2022**

**TIME: Am Workshop:9.00-12.00pm / Pm Workshop 12.30-3.30pm (Day 9.00-3.30pm )**  
**AGES: 5 – 12 Venue: Beyton Campus -Thurston Sixth, (IP30 9AA)**

**COST: £10 per workshop**  
(If booked for all day please bring own lunch )

**Please write below which day/s and times you wish to attend**

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**Name(s):** ..... **D.O.B** .....

..... **D.O.B** .....

**Address:**.....

..... **Postcode:**.....

**Tel No:**.....**Mobile No:**.....

**Emergency Name & No:**.....

**Email:**.....

**School** .....

**Medical Conditions**.....

**Parent/Guardians Signature:**.....

**Please note:**

- **Please send applications as soon as possible as places are limited**
- **Lunch is not provided-Please bring packed lunch**
- **It is the parents responsibility to ensure appropriate clothing is worn/and or available for the child for the activity provided and weather conditions.**
- **In the event that we have to cancel a club for any reason, a full refund will be issued to the person who booked.**

Please tick the box if you do not wish your child to be included in group photographs

Please contact me by phone, email or by sending your completed form to make booking and arrange payment.

**Mr W Hopkin-Jones**  
**Thurston Sixth, Beyton campus**  
**Drinkstone Road**  
**Beyton**  
**IP30 9AA**

