











30 October 2017

## NEWS-

<u>U11 Rugby Festival at Stowmarket Rugby club</u> – Freeman, Elmswell, combs, bosmere, creeting, old newton, abbots hall, cedars park, Rattlesden, Rougham and ringhsall



**Cross country Final at Royal Hospital School- Team results** 



		Team	Girls			
_		Results				
		School	Points			
		Gipping				
_	1	Valley	32			
	2	Thurston	43			
		Westley				
_	3	Middle	67			
	4	Culford	88			
		Westley				
_	5	Middle	143			

	Team Results	Boys			
	School	Points			
1	Culford	28			
2	Gipping Valley	44			
3	Thurston	88			
4	Westley Middle	92			

**Scoot Fit** is the brand new self-sustainable, inclusive sporting activity using push scooters to sustain and improve health and fitness safely for children in schools. Scoot Fit can be regarded as a core activity helping develop and improve agility, balance, co-ordination, muscle strength and endurance greatly benefiting any other sporting activity.





## **Balanceability-**

http://www.balanceability.com. (Suitbale for EYFS )

Balanceability comprises of structured lesson plans that help children develop gross motor skills, spatial awareness, dynamic and static balance and bilateral co-ordination

along with the necessary skills to make the transition from a balance bike to an ordinary pedal bike in a safe, challenging, but fun way. The sports partnership has purchased the equipment and resouces and can deliver sessions in your school.

Competition - Autumn Term Events													
Sport	Competition	Age Group	Boys/ Girls/ Mixed	Date	Times	Venue	GVTSSP Final Date	County Final Date	Squad size	Max. No Teams			
Table Tennis	Team Event	U11	Boys	7 Nov	4.00- 6.00pm	Kes	n/a	17 Nov	4	2			
Table Tennis	Team Event	U11	Girls	7 Nov	4.00- 6.00pm	Kes	n/a	17 Nov	4	2			
Football	Mini Soccer 7v7	Yr3/4	Boys/mixed	2 Nov	Day-2.00- 4.00-pm	Ixworth free	n/a	n/a	12	1			
Football	Mini Soccer 7v7	U11	Boys/mixed	8 and 9 Nov	Day-2.00- 4.00-pm	beyton Stowupland	23 Nov	1 Dec	12	1			
Football	Mini Soccer 7v7	U11	Girls	15 Nov	Day-2.00- 4.00-pm	Stowmarket	N/A	1 Dec	12	1			
Dodgeball	GVTSSP Event	U11	Mixed	27 and 29 Nov	4.00- 5.30pm	Thurston Stowmarket	7 Dec	n/a	7	2			

CPD

## Primary Gymnastics Workshop- Wed 1 November 9.00-11.30am at Rougham primary school

The Gipping valley and Thurston sports partnership are offering schools the opportunity to access a Gymnastics workshop. The workshop is designed to introduce teachers to the Key Steps gymnastics routines and support you in the delivery of the routines, enabling you to enter a team into the competition (Mon 19 March for yr 1-4 and yr5-6 on 12 march)

The workshop will includes teacher training on the following:

- \* Key Step Gymnastic routines—delivery in lessons or as a club
- \* How to support movements and use apparatus safely
- \* Curriculum delivery –tips how to layout and structure a lesson.
- \* Gymnastics correction, progressions and differentiation

This workshop is being offered FREE OF CHARGE to sports partnership member schools.

